CHEMICAL PEELS

A chemical peel is a treatment used to improve skin texture and tone. An acid is applied to the skin to lower the PH, which loosens the connections between dead skin cells, including exfoliation and stimulating new cell growth. This process causes superficial layers of dead skin to peel of, revealing a smoother and more radiant complexion.

AlumierMD Peel Treatments are the next generation clinical exfoliation. AlumierMD understands that everyone wants clear, beautiful skin. Using scientifically-based, high performing ingredients, AlumierMD has designed a cosmetically elegant, clean chemical free range of skin care products to suit all profiles with exceptional results. <u>All AlumierMD products are free of parabens,</u> <u>sulfates, and dyes.</u>

Treatment Expectations

Beautiful skin doesn't happen overnight, and treatment takes time to show results. A single chemical peel can provide the immediate effect of bright and radiant skin; however, more significant results in treating texture issues, fine lines and inflamed acne could take several treatments and loyalty to the appropriate home care regimen. Using home care products consistently and as directed will aid in achieving your optimal results. Treatment Questions and Answers:

Do I need to prepare my skin in any way for the peel?

For best results for any peel, it is recommended that your skin be well conditioned, meaning that a daily regiment of cleaning and moisturizing be done with quality products. Cease use of any products that contain retinoids/retinol, high percentages of vitamin C, or any AHAs of BHAs at least 7 days prior to treatment.

What does an AlumíerMD peel feel líke?

Upon application of the peel, clients report a feeling of warmth and tingling that peaks and then dissipates within a couple minutes. The entire treatment is easily tolerable and precisely timed. Once the peel is neutralized, a soothing medicated moisturizer is applied to calm and rebalance the skin. Lastly an SPF 30 is applied to protect your skin form UV.

What can I expect right after a chemical peel?

The skin is initially tender and more sun sensitive as the epidermis renews itself. After the peeling takes its course (usually 3-5 days after treatment), fresh new skin emerges and ingredients in home care products start to work more effectively.

Will AlumierMD chemical peels cause unsightly redness and peeling?

No. Clients sometimes expect to peel throughout the entire treated area. But post treatment peeling is often similar to peeling after a tan. In some cases, exfoliation occurs on a cellular level and is not apparent to the naked eye. The exfoliation a client will experience varies depending on the peel strength and individual skin profile. AlumierMD chemical peels are light to medium depth, and are formulated to reduce irritation and redness. Can I wear make-up and use regular creams afterward?

You will be provided with an AlumierMD post care kit that includes a cleanser, moisturizer, and SPF to use in the days immediately following the peel. Light day make-up can be worn if necessary. No products containing retinoids should be used for at least 7 days after the peel. Also, do not have skin treatments of any kind for at least 7 days after the peel.

If peeling doesn't take place, does it mean the peel wasn't effective?

Peeling of the dead skin layers can be macroscopic, meaning you can see the peeling; or microscopic, meaning peeling is occurring on a cellular level, but the skin is not visually flaking. Therefore, you can have an effective chemical peel without actually seeing your skin peeling.

How many peels will I need?

This will depend on your skin type, tone, and texture. A single peel makes for a nice skin prep for an event, but for best results, a course of 2-3 peels may be recommended.

OFFERED PEELS

Power Peel

The Power Peel contains the same ingredients as the Glow Peel, but at more potent quantities—14% salicylic acid, 14% lactic acid, and 14% resorcinol. The Power Peel is able to tackle a range of skin concerns including fine lines, large pores, problems with texture and pigmentation, and sun damage. It's the perfect peel for patients looking to restore their skin's natural brightness and glow.

Approximately 30 minutes

Glow Peel

The Glow Peel is a multipurpose resurfacing treatment that combines the powers of salicylic acid (7%), lactic acid (7%), resorcinol (7%), soy amino acids, and yeast-derived oligopeptides to improve the signed of aging and hyperpigmentation with less downtime. We typically suggest this treatment to people who want to address issues like hyper pigmentation, fine lines, exfoliation, and overall rejuvenation.

Approximately 30 minutes

Radíant 30

Radiant 30 is a alpha hydroxy acid resurfacing peel containing lactic acid to exfoliate dead skin cells, boost cell turnover and stimulate collagen; improving skin texture and tone. This multifunctional peel targets multiple skin conditions, including fine lines and wrinkles, discoloration, sun damage, and large pores. A great choice for first timers or clients with sensitive skin.

Approximately 30 minutes

Radiant 20/10

Radiant 20/10 resurfacing peel contains a powerful combination of salicylic acid and lactic acid which improves skin tone and texture by exfoliating dead skin cells and speeding cell turnover. The multipurpose resurfacing skin peel reduces acne pimples and minimizes the appearance of fine lines and wrinkles, large pores, hyper-pigmentation and sun damage.

Approximately 30 minutes

Booster Options that can be done with any peel

Aqua Fusion Mask—An oil-free, lightweight mask that provides intense hydration with a blend of natural sugars, low molecular weight hyaluronic acid and natural moisturizing factors

Refining Clay Mask—This mask is ideal for skin that is prone to acne, open pores, congestion and oiliness, this treatment is designed to refine and purify the skin. A unique blend of clay and exfoliating ingredients remove dead skin cells, promote skin renewal and clear away excess oil. You should see a reduction in the appearance of blemishes and oil and your skin will feel clean, hydrated and calm.

Vitamin A Boost—This is a potent and pure retinol and lactic acid resurfacing treatment. It reduces the appearance of fine lines, wrinkles and hyperpigmentation by boosting collagen production and speeding cell turnover, creating a more radiant and even-toned complexion. Ideal for mature or sun damaged skin.