



AFTER YOUR SMOOTHGLO OR RESURFX PROCEDURE

Congratulations on making the commitment to improve your skin's tone, texture and volume!

It is normal to have redness and mild discomfort after the procedure, like a sunburn, that can last for a few days.

If excessive swelling is noticed, please contact our office and plan to take Benadryl as recommended.

You will experience slight redness that can be covered with make-up starting the 2nd or 3rd day depending on which procedure is performed.

You will notice swelling, particularly under your eyes, worse on the morning after your procedure. Swelling typically lasts 2-3 days and then small scabs form that slough off.

Every 4 hours when not sleeping for the first 48 hours, apply moisturizer.

Wash face with recommended cleanser before bed and after waking up.

If you do not have facial cleanser or moisturizer at home, one can be purchased in our office.

If you are leaving the house, please apply sunscreen and reapply every 2 hours or anytime you get wet or perspire.

Avoid retinol, exfoliants, vitamin C or harsh irritating products on your skin for 7 days after your treatment.

Most patients return to work the same day.

Regular exercise can be resumed in 2 days.

AlumierMD offers fantastic medical grade, clean skincare products. This skincare line is sold in our office and staff can recommend a regimen that is customized to your needs.